

Health and care

Goals

The aim is to contribute to the best possible health care for the citizens in the region. Care must also be designed in such a way that as much quality of life as possible is maintained. One of the greatest challenges is to counteract the shortage of skilled workers. We are committed to this:

- The working group Health and Care of the Seniors' Advisory Council takes care of the concerns of the older generation in Bocholt around the topics of health, care and homes, prevention, nutrition and sports.
- The working group keeps itself informed about health care in old age, about working and living conditions in homes as well as in outpatient and inpatient care.
- The working group regularly discusses the latest legal provisions in this area. The working group wants to improve the quality in home care and in nursing and retirement homes.

Information on

- [Intercultural dementia kit in Turkish \(03/2025\)](#)
- [Guide for severely disabled people MAGS - brochure \(09.2024\)](#)
- [Counselling services for people affected by Long- and Post-COVID, Post-VAC and ME/CFS \(07.2024\)](#) ↗
- [Dr Michael Adam: Heat - effects, behaviour, prevention \(06.2024\)](#)
- [Recommendations for action and behavioural tips in hot weather \(05.2024\)](#) ↗
- [Age and health_ Healthy through old age - the future of digitalisation Lecture by Dr Adam 12.2023](#)
- [Brochure Nachbarschaftshilfe MAGS of the state of NRW \(12.2023\)](#)
- [Retirement homes on the brink of collapse 08.2023](#)
- [Panel discussion with Minister Laumann: Care before the collapse \(05.2023\)](#)
- Dementia backpacks: Expanded offer (04.11.2022) [Here](#) ↗
- [Seniors' advisory council acquires activity table \(04.2022\)](#)
- [Seniors' advisory council informs about retirement homes \(04.2017\)](#)

Contact for working group

Coordinator:

Sophia Heitz

Tel: 02871 32334

E-mail: [fiaheitz\(at\)googlemail\(dot\)com](mailto:fiaheitz(at)googlemail(dot)com)

Deputy coordinator:

Ingeborg Kunz

Phone: 02871 30413

E-mail: [inge.kunz\(at\)web\(dot\)de](mailto:inge.kunz(at)web(dot)de)

Other members: inside:

Agnes Epping, Dr Michael Adam, Ursula Rump