

10. October 2023

Seniors

Telephone week: "Support in difficult times".

"Dementia Network Bocholt" offers telephone counselling for caring relatives of dementia patients from 16-20 October

The "Dementia Network Bocholt" runs a telephone counselling service from 16-20 October aimed at caring relatives of dementia patients.

Caring for a loved one at home can be one of the most challenging tasks that family members face. The physical and emotional strain that comes with this responsibility often leads to profound changes in the life of the carer.

In these difficult times, support is crucial, and this is exactly what the "Dementia Network Bocholt" offers during the telephone week from 16 to 20 October 2023. Relatives have the opportunity to share their concerns and challenges, whether it is organising care, dealing with dementia or balancing family, work and caregiving commitments.

Telephone Week is an offer created specifically for family caregivers: It offers callers an opportunity to exchange ideas and relieve stress, and to receive information about further support services locally, according to the organisers.

Anonymous and confidential

What makes this initiative particularly valuable is the anonymity and confidentiality of the counselling. Relatives can talk about their feelings and challenges without shyness. They do not have to make an appointment or leave the house, but simply pick up the phone.

The members of the "Dementia Network Bocholt" will be available every day during the entire telephone week to offer their support.

Dates and telephone numbers

Monday, 16.10., 9-12 a.m. and 2-5 p.m:

Regional Office West Münsterland District of Borken

Regional Office Team Tel.: 0251-981689 23340

Tuesday, 17.10., 9am-12pm, 2pm-4pm:

City of Bocholt

Care Coordination and Senior Citizens' Office Team of the Senior Citizens' Office

Tel.: 02871-953-2234 u. 953-2342

Ärztetznetz BOHRIS e.V.

Sarah Underberg Tel.: 0151 72877099

Wednesday, 18.10., 9-12 hrs, 14-16 hrs:

City of Bocholt

Care Coordination and Senior Citizens' Office Team of the Senior Citizens' Office

Tel.: 02871-953-2234 and 953-2342

Leben im Alter e.V.

Andrea Hoffjann Tel.: 01523-2176564

Thursday 19 Oct, 10am-12pm, 2pm-4pm:

Marriage, family and life counselling

EFL team Tel.: 02871-183808

Contact office for care self-help in the Borken district

Dr. H. Elisabeth Philipp-Metzen Tel.: 02554-917611

Friday, 20.10., 9-12 hrs, 16:30-18:30 hrs:

Caritas Bocholt

Caritas team Tel.: 02871-25131205

German Red Cross Bocholt

Karin Wienand

Tel.: 02871-310 8888



Contact details of the \

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Contact details of the "Dementia Network Bocholt" cooperation partners



fonische Woche für pflegende Angehörige

Pflegende und betreuende Angehörige leisten körperlich und seelisch oft mehr, als es für Außenstehende sichtbar ist. Sie erleben durch die Versorgung einer pflege- und betreuungsbedürftigen Person tiefgreifende Veränderungen in nahezu allen Lebensbereichen. Da kann es hilfreich sein sich auszutauschen, um wieder Kraft zu schöpfen.

Aussprechen - Austauschen - Entlasten

Die Stadt Bocholt, das Regionalbüro Alter, Pflege und Demenz und weitere Mitwirkende des Netzwerk Demenz Bocholt bieten hilfe- und ratsuchenden Angehörigen für eine Woche ihr Ohr.

Anonym - Vertraulich - Offen

Als betroffene Person können sie anonym und vertraulich über ihre persönlichen Sorgen, Fragen und Bedarfe sprechen.

Wir beraten und unterstützen sie gerne.



Termin	Uhrzeit	Institution	Kontakt Daten
Montag, 16.10.	09:00 - 12:00 14:00 - 17:00	Regionalbüro Münster	Team des Regionalbüros Alter, Pflege und Demenz Tel.: 0251-981689 23340
Dienstag, 17.10.	09:00 - 12:00 14:00 - 16:00	Stadt Bocholt Ärztetz BOHRIS e.V.	Team Seniorenbüro Tel.: 02871-953 2234 Sarah Underberg Tel.: 0151 72877099
Mittwoch, 18.10.	09:00 - 12:00 14:00 - 16:00	Leben im Alter e.V. Stadt Bocholt	Andrea Hoffmann Tel.: 01523 2176564 Team Seniorenbüro Tel.: 02871-953 2342
Donnerstag, 19.10.	10:00 - 12:00 14:00 - 16:00	Kontaktbüro Pflegeselbsthilfe Ehe-, Familien- und Lebensberatung	Dr. H. E. Philipp-Metzen Tel.: 02554-917611 Team der EFL Tel.: 02871-183808
Freitag, 20.10.	09:00 - 12:00 16:30 - 18:30	Deutsches Rotes Kreuz Caritas e.V.	Karin Wienand Tel.: 02871-310 8888 Sandra Wölker Tel.: 015120012187

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Schedule of the telephone week for carers of dementia patients