

24. October 2022

Seniors

## Consumer Forum 60plus: Healthy and self-determined

### Many interested people at event of the seniors' advisory council // Exciting lectures

Many interested people now attended the free consumer forum 60plus, to which the seniors' advisory council and the city of Bocholt had invited. The half-day event on health topics took place at the Stadtparkasse in Bocholt.

The "60plus generation" is very experienced in shopping, but the question often arises as to what information can be trusted. Decisions often have to be made under time pressure, for example about individual health services that have to be paid for by the patient, the choice of medication, the source of supply of the medication or about "24-hour care".

"Anyone who wants to participate in the healthcare market as an equal partner must know their rights and be able to question the services offered in terms of quality and price," says Georg Abel of the VERBRAUCHER INITIATIVE (national association).

The half-day event around health topics took place in the Bocholt Stadtparkasse. After the greeting by the deputy mayor Gudrun Koppers as well as Dr. Adam (executive committee Landessenorenvertretung) and Agnes Epping (chairwoman Seniorenbeirat Bocholt) the nearly 50 participants dealt with different health topics.

These included the presentation by Gregor Bornes (Gesundheitsladen Köln) on rights at the doctor's and in the hospital, the contribution by Sabine Wolter (Verbraucherzentrale NRW) on individual health services and on dealing with heat by Alexandra Borchard-Becker (VERBRAUCHER INITIATIVE).

#### Information on the web

There are brochures on the individual topics that can be downloaded free of charge at [www.verbraucher.org](http://www.verbraucher.org) (informieren / kostenlose-informationen / Senioren).

The VERBRAUCHER INITIATIVE has compiled further consumer topics such as nutrition, sleep, Internet or rip-offs at [www.verbraucher60plus.de](http://www.verbraucher60plus.de).





*Viele Teilnehmerinnen und Teilnehmer verfolgten die Vorträge beim Verbraucherforum  
© Stadt Bocholt*