

01. October 2026

Education and culture

Workshop: Communicating Effectively - Speaking More Clearly, Being Understood Better

VHS workshop at the Futura 1 Media Centre // 6 October 2026, from 6.30 pm to 9 pm

Good communication helps to avoid misunderstandings and to express one's own views confidently. In the three-hour VHS workshop "Communicating Effectively", participants learn how to formulate clear messages, listen actively and remain calm and composed even during difficult conversations.

Led by experienced communications trainer Susanne Woldering, the course covers practical basics on the subject. Engaging input, clear examples and simple exercises ensure that what you learn can be applied straight away in your everyday life. No prior knowledge is required.

The course takes place on Tuesday, 6 October 2026, from 6.30 pm to 9 pm at the Futura 1 Media Centre. The course fee is 56 euros; a discount may be available.

Further information and the registration form are available at the VHS office in Bocholt, Industriestraße 1, the branches in Rhede and Isselburg, or online at vhs.bocholt.de 



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On 6 October, the workshop "Effective Communication - Speak More Clearly, Be Better Understood" will take place