

21. February 2022

Education and culture

VHS: "La dolce vita - from crisis to happiness!"

Special travel lecture with Ina Spogahn on Tuesday, March 8, starting at 7:30 p.m. in the Media Center

"La dolce vita - out of the crisis into happiness!" is the title of a lecture by Ina Spogahn, with which the Adult Education Center Bocholt-Rhede-Isselburg continues its current series of regional studies on Tuesday, March 8. Beginning is starting from 19:30 o'clock in the medium center Bocholt (Hindenburgstr. 5). The participation fee amounts to 6 euro (reduced 5 euro). The registration on www.vhs-bocholt.de is coupled with a seat reservation.

Any remaining tickets will be available at the box office on site.

The speaker Ina Spogahn has been traveling the world for 12 years, giving lectures and organizing individual group tours. She found her second home in India in 2015, trained as a yoga teacher, has since taught numerous courses and workshops in Germany, and even planned to open her own conference center.

But then came Corona. The 35-year-old lost all her jobs in one fell swoop, and the planned project collapsed. One of many fates in recent months. The first shock and then the question: What now? For Ina Spogahn, one thing is certain: travel! Despite Corona! And alone in the car. In her old Citroen Berlingo, she drifts from Germany to Italy, putting one foot in front of the other without knowing what's coming next.

With each step she finds herself closer to herself again and unexpected new doors open up. She helps on a farm with the olive harvest, spends time up close with bee colonies, finds friends and in the end even new job opportunities. Step by step, what was supposed to be a disastrous situation turns into one of the best times of her life and she realizes once again what it means to live in the moment and "no matter what" to enjoy her time on this beautiful planet.

A lecture that, accompanied by professional visual impressions, awakens the desire to travel and at the same time presents alternative concepts of life, thus encouraging people to set out on their own and dare to try something new.





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Ina Spoghan spricht in bocholt über ihr "Dolce Vita"-Erlebnis.