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Education and culture

Lecture on fear of the future in children and young people



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On Monday, 27 February, the City of Bocholt, the Stadtparkasse Bocholt and the BBV Media Group jointly invite you to the first lecture in the Campus hautnah series. Child and

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youth psychologist Jana Rathner will talk about fear of the future in children and young people.

Child and youth psychologist Jana Rathner works in a practice in Emmerich and is also a lecturer in psychology at the MTRA School of Münster University Hospital. The venue is the media centre (Alter Bahnhof) at Hindenburgstr. 1 in Bocholt.

Even as adults, we have our challenges in these uncertain times with the issues of recent years: Global Corona pandemic, climate change, war at the gates of the European Union, inflation and now the earthquake in Turkey and Syria! How to cope with life in the face of these existential hardships? When dealing with children and adolescents, the same strategies are not always needed as for adults.

This lecture will focus on how adults can deal with the above-mentioned challenges in a future-oriented way when dealing with (their own) children and adolescents. How can we do this without overburdening ourselves? Among other things, Rathner will draw on the findings of Trilling and Fadel, the so-called "21st Century Skills".

At the end of the lecture there will be time for questions and discussion. Please feel free to bring your concerns!

About the person

After a successful Master's degree, she expanded her thirst for knowledge with her licence to practice as a child and adolescent psychotherapist specialising in behavioural therapy. Jana Rathner has been working in a practice in Emmerich for four years.

For the past three years she has been a lecturer for the Master's programme in Clinical Casework at Münster University of Applied Sciences. At the same time, she is a lecturer in psychology at Münster University Hospital. She is currently training to become a trauma and EMDR therapist and an expert in family law.

The event begins at 7.30 pm, admission from 7 pm. Tickets cost 10 euros at the box office. Advance tickets are reduced by one euro, BBV subscribers receive a further reduction of one euro. Advance ticket sales at the BBV, Europaplatz 24-28, at the VHS office in Bocholt, Stenernerweg 14a, the VHS branches in Rhede and Isselburg or [as an online reservation at www.vhs-bocholt.de](https://www.vhs-bocholt.de) 