

12. October 2022

Education and culture

Lecture: Dealing with stressful situations in the "family-parent-ego" triangle

Event on October 18 from 7:30 p.m. // "Relieving" and entertaining evening

The VHS invites for the next Tuesday, October 18, at 7:30 p.m. to the lecture by Dorothee König on "Dealing with stressful situations in the triangle of family-parent-ego".

This evening will present topics, suggestions and implementation strategies that focus on each role within this triangle in order to be able to develop an individual balance for all roles. A "relieving" and entertaining evening, which gives courage and joy. This lecture takes place in cooperation with the Family Education Center Bocholt!

Registration in the VHS office in Bocholt, Stenerner Weg 14a, in the branches Rhede and Isselburg or by Internet under www.vhs-bocholt.de. The event will take place at the Media Center, Hindenburgstr. 5 in Bocholt. Remaining tickets are available for 6 euros at the box office.





Dorothee König
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Im kurzweiligen Vortrag geht es um die Frage, wie sich belastende Situationen in der Familie meistern lassen

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