

17. August 2022

Children and youth

Promoting the health of children and adolescents

Free training for professionals from daycare centers, schools and youth work on the topics of nutrition, exercise and stress reduction // September 16 and 17, 2022 at TuB Bocholt

Professionals from schools, daycare centers, youth work facilities and other interested parties can receive training on the weekend of September 16 and 17, 2022, to specifically promote the health of children and young people. Practical methods and pedagogical approaches to the topics of nutrition, exercise and dealing with stress will be taught. The background to the event is the "GUT DRAUF " campaign, which is offered as part of the "Zukunftsstadt Bocholt" project.

The event will take place all day at the club TuB Bocholt.

Registration

Interested parties can register by August 26 at the Future Office by e-mail [zukunftsstadt\(at\)bocholt\(dot\)de](mailto:zukunftsstadt(at)bocholt(dot)de) or phone 02871 2048429. The training is free and limited to 20 participants.

The training is accomplished by Professor Dr. Harald Michels (university Duesseldorf & GUT DRAUF coaches) and further coaches.

Further information to the project under www.gutdrauf.net. 





Fachkräfte in Bocholter Einrichtungen (Schulen, Kindertageseinrichtungen, Einrichtungen der offenen und verbandlichen Jugendarbeit, Sportvereine), die mit Kindern und Jugendlichen im Alter von 5 bis ca. 18 Jahren pädagogisch zusammenarbeiten, können sich jetzt bei "Gut drauf!" schulen lassen.

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