

Tips against mould

Effective prevention

Once it is there, good advice is expensive - and in many cases literally so. Mould on walls and ceilings is not only harmful to the building fabric, it can also have a negative effect on health.

To make it particularly difficult for mould, you can do the following things:

Useful tips

Heat properly:

Reduce the heating overnight and heat continuously during the day. The room temperature in the living area should be around 20 degrees - if you want to save energy, turn down one or two degrees. In the other rooms, a lower temperature is often sufficient. In the bedroom, 16 to 17 degrees is sufficient for a comfortable sleeping climate.

Air regularly:

Open the windows fully three to four times a day. The bathroom and kitchen should be ventilated more often, as this is where a lot of moisture is produced. A particularly effective air exchange is achieved by cross-ventilating the rooms.

Avoid cooling down:

Cooling down completely by airing rooms for too long can promote mould! Open the window completely for five to ten minutes, then close the window again.

Distance furniture from the wall:

What is often overlooked: Furniture such as large cupboards should never be placed directly against outside walls. There should be about 5 cm between the cupboard and the wall so that the air can circulate.

Do not cover radiators:

For radiators to work efficiently, there must be enough air between radiators and furniture, so try not to cover radiators permanently.

Avoid humidifiers:

Humidifying the air in the room with a humidifier promotes mould growth. Therefore, do not use them if possible.

Action: ThermoCard



ZUR AKTION